

# Seattle to Beijing Travel Essentials Checklist

## Documents & Identification

- ✓ Passport (valid for 6+ months)
- ✓ Chinese visa
- ✓ Flight tickets (print/digital)
- ✓ Travel insurance details
- ✓ Hotel reservation confirmation
- ✓ Emergency contact list (including U.S. and China embassy info)

## Electronics

- ✓ Universal travel adapter
- ✓ Power bank
- ✓ Smartphone & charger
- ✓ Noise-canceling headphones
- ✓ E-books, music, or entertainment for the flight
- ✓ Laptop/tablet (if necessary for work)

## Clothing & Accessories

- ✓ Weather-appropriate outfits (check Beijing seasonal climate)
- ✓ Comfortable walking shoes
- ✓ Lightweight jacket
- ✓ Travel pillow & eye mask
- ✓ Foldable tote bag for day trips

## Money & Payments

- ✓ Credit/debit cards
- ✓ Cash in USD & Chinese Yuan (CNY)
- ✓ Currency exchange information
- ✓ Wallet or secure money pouch

## Travel Convenience

- ✓ Refillable water bottle
- ✓ Snacks for the flight
- ✓ Travel guidebook or translation app
- ✓ Printed or offline maps and itinerary

## Luggage Essentials

- ✓ TSA-approved locks
- ✓ Luggage tags
- ✓ Lightweight suitcase or backpack
- ✓ Packing cubes for organization
- ✓ Rain cover or zippered bags for liquids

### Cultural Preparation

- ✓ Learn basic Mandarin phrases
- ✓ Research Chinese etiquette and customs
- ✓ Download navigation apps like **Baidu Maps** or **Metro Beijing**

### Connectivity

- ✓ International roaming or a local SIM card
- ✓ VPN (to access blocked sites like Google, YouTube, and Instagram in China)
- ✓ Portable Wi-Fi hotspot (if needed)

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**Note:** This checklist is for reference only. Please adjust it based on your personal needs and travel requirements.